

2019 HEART & SOUL CONVERSATIONS

Facilitator	Date	Time	Theme/Topic
Nolene Rust	13 February Wednesday	18:00 - 19:45	Safe & Healthy Boundaries
Nolene Rust	16 February Saturday	9:00 - 10:45	Safe & Healthy Boundaries
Jean Geerthsen	27 February Wednesday	18:00 - 19:45	Moral development: Right from wrong Copied or learned behaviour
Jean Geerthsen	2 March Saturday	09:00 - 10:45	Moral development: Right from wrong Copied or learned behaviour
Liesl (Graham) van der Sandt	10 April Wednesday	18:00 - 19:45	The Highly Sensitive Child
Liesl (Graham) van der Sandt	13 April Saturday	09:00 - 10:45	The Highly Sensitive Child
Nolene Rust	15 May Wednesday	18:00 - 19:45	Loving your child's unique temperament
Nolene Rust	18 May Saturday	09:00 - 10:45	Loving your child's unique temperament
JUNE- No Heart & Soul Conversations			
Natacha Latouf	17 July Wednesday	18:00 - 19:45	Discipline (Part 1): Temperaments of the parent & child
Natacha Latouf	20 July Saturday	09:00 - 10:45	Discipline (Part 1): Temperaments of the parent & child
Natacha Latouf	14 August Wednesday	18:00 - 19:45	Discipline (Part 2): Punishment or reward, ...which is better?
Natacha Latouf	17 August Saturday	09:00 - 10:45	Discipline (Part 2): Punishment or reward, ...which is better?
Nolene Rust	11 September Wednesday	18:00 - 19:45	My child and anxiety
Nolene Rust	14 September Saturday	09:00 - 10:45	My child and anxiety
Natacha Latouf	16 October Wednesday	18:00 - 19:45	How to spend quality time as a family
Natacha Latouf	19 October Saturday	09:00 - 10:45	How to spend quality time as a family